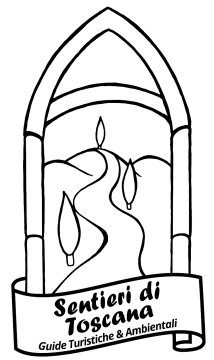


# Sentieri di Toscana

hiking & tourist guides



## MAREMMA BETWEEN ART AND NATURE

### Massa Marittima

Meeting with the guide and transfer to Massa Marittima, medieval jewel of the Metallifere Hills, renowned for the beautiful central square dominated by the Cathedral in Romanesque-Gothic style. Inside the church you can admire masterpieces of medieval art, such as the Ark of San Cerbone and the Majesty attributed to Duccio di Buoninsegna. Next to the Cathedral, stand out the Palazzo del Podestà, the Palazzo Comunale, the Fonti dell'Abbondanza, dating back to the 13th and 14th centuries. A walk along the ancient city walls will allow us to admire the panorama that sweeps from the woods of the Metallifere Hills to the islands of the Tuscan Archipelago. Stop for lunch in a restaurant.

### Roselle and Castiglione della Pescaia

After breakfast transfer to Roselle and visit the archaeological park, where you can admire the imposing remains of the ancient city: the Etruscan walls, the ramparts, the forum and the Roman amphitheatre. Stop for lunch. In the afternoon transfer to Castiglione della Pescaia, exclusive tourist destination thanks to the quality of the sea and the beauty of its beaches: we will visit the ancient medieval village, perched on a hill overlooking the marshes of Diaccia Botrona, the surrounding plain and the sea.

### Il Regional Park of Maremma and Talamone

After breakfast transfer to Alberese, starting point for a visit to the Regional Park of Maremma, a wonderful unspoilt area that extends over the Monti dell'Uccellina from Principina a Mare to Talamone. Here we will travel by bus along the Strada degli Allevamenti, flanked by vast pastures where Maremma horses and cattle live in the wild. Once we reach the sea, we will have the possibility to take a walk to the mouth of the Ombrone river, crossing the Granducale Pinewood and wide marshy expanses frequented by various species of water birds. Stop for lunch. In the afternoon, possible visit to the characteristic seaside village of Talamone, which offers suggestive views towards Monte Argentario and the Tuscan Archipelago.

### Monte Argentario and the Lagoon of Orbetello

Meeting with the guide and transfer to Porto Ercole, where we will visit the medieval village, with the church of Sant'Erasmo and Piazza Santa Barbara, a terrace from which you can admire spectacular views. The

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village is dominated by three impressive Spanish Renaissance forts. We will then travel by bus along the panoramic road of Monte Argentario, from where the view sweeps towards the wonderful coasts and coves, up to the islands of the Tuscan Archipelago. Having the whole day at our disposal, after lunch we will continue towards Orbetello, the ancient capital of the Royal State of Presidia. Here we will visit the Cathedral and walk along the panoramic way along the lagoon. Dinner with typical products.

### **Giglio Island**

After breakfast transfer to Porto Santo Stefano, meeting with the guide and ferry crossing to Giglio Porto. We will travel by bus along the panoramic road to the medieval village of Castello, perched in a panoramic position at 400 m above sea level. We will visit the Pisan Fortress and the Church of San Pietro. Break for lunch. Transfer by bus to Giglio Campese, overlooking a beautiful bay closed by the characteristic stacks. Return by bus to the port and crossing to Porto Santo Stefano. Alternatively, on this day it is possible to take a mini-cruise from Porto Santo Stefano to visit the island of Giglio and Giannutri. In Giannutri nature excursion and in Giglio visit by bus to Castello. Possibility of lunch on board the motorboat (fish or meat menu).

### **Feniglia, Capalbio and Giardino dei Tarocchi**

After breakfast transfer to the Ansedonia promontory and a short walk in the Feniglia Nature Reserve, nestled between the open sea and the Orbetello Lagoon. Transfer by bus to Capalbio and visit of the beautiful village, enclosed by a double wall still passable and dominated by the Aldobrandesco castle. Stop for lunch in a restaurant. Having the whole day at our disposal, after lunch we will visit the Tarot Garden, a wonderful park where the huge and colorful sculptures of Niki de Saint Phalle stand out against a natural environment of Mediterranean maquis.

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