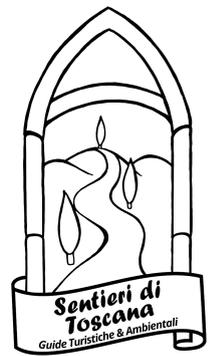


Sentieri di Toscana

tourist & hiking guides



HIKING IN MAREMMA

The Maremma is one of the wildest and best preserved regions of the entire Mediterranean area. In addition to the coastal areas and islands, dotted with natural parks and characteristic seaside villages, we will also make itineraries in the inland area, in places of unique charm, between picturesque medieval villages and Etruscan and Roman archaeological sites.

The Maremma park

Meeting with the guide in Alberese at the Park visitor centre.

We will start our hiking through lush Mediterranean woods, which will take us to the ridge, up to Poggio Lecci, the highest point of the Park and a real panoramic terrace on the coast. We will then descend to the ruins of the Abbey of San Rabano, an ancient monastic complex immersed in a high oak forest. We will complete the itinerary going down to the wild beach of Collelungo. From Marina di Alberese we will travel by bus along the Strada degli Allevamenti, which crosses the area where Maremma horses and cattle still live in the wild. (6 h of walk, 16 km)

Giglio Island

Meeting with the guide in Porto Santo Stefano and ferry crossing to Giglio Porto. We will travel by bus along the beautiful panoramic road that will take us to Giglio Castello. Visit of the medieval village, perched in a panoramic position over 400 m high; stop at the ancient Pisan Fortress and the Church of San Pietro. Start of the hiking that passing by Poggio La Chiusa, an exceptional panoramic point, will take us to the beautiful Cala delle Cannelle. Free time for a swim; then return to Giglio Porto. (4 h walk, 12 km)

The tuff area: Pitigliano Sovana

Transfer to the medieval town of Sovana, where we will visit the remains of the Aldobrandesque fortress, the church of Santa Maria and the beautiful Romanesque Cathedral. Beginning of the hiking along the Vie Cave, which will take us to the village of Pitigliano, perched on an impressive spur of tuff overhanging, overlooking narrow and deep valleys carved by rivers and streams. Walking through the characteristic alleys, we will admire the size of the Orsini Palace, the area of the Jewish Ghetto, the Cathedral, the Church of San Rocco. (3 h walk, 9 km)

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